

Conquering on the Mental Battlefield – Part 3

Key #2: Block Enemy Access

“I will set no wicked thing before mine eyes: I hate the work of them that turn aside; it shall not cleave to me.” Psalm 101:3

“Those who would not fall a prey to Satan's devices, must guard well the avenues of the soul; they must avoid reading, seeing, or hearing that which will suggest impure thoughts.” Acts of the Apostles, 518

“Everything that can be done should be done to place ourselves and our children where we shall not see the iniquity that is practiced in the world. We should carefully guard the sight of our eyes and the hearing of our ears so that these awful things shall not enter our minds. When the daily newspaper comes into the house, I feel as if I want to hide it, that the ridiculous, sensational things in it may not be seen. It seems as if the enemy is at the foundation of the publishing of many things that appear in newspapers. Every sinful thing that can be found is uncovered and laid bare before the world.” Adventist Home, 403-404

“Those who would have that wisdom which is from God must become fools in the sinful knowledge of this age, in order to be wise. They should shut their eyes, that they may see and learn no evil. They should close their ears, lest they hear that which is evil and obtain that knowledge which would stain their purity of thoughts and acts. And they should guard their tongues, lest they utter corrupt communications and guile be found in their mouths.” Adventist Home, 404

Not always thinking about temporal pursuits...

“If your thoughts, your plans, your purposes, are all directed toward the accumulation of the things of earth, your anxiety, your study, your interests, will all be centered upon the world. The heavenly attractions will lose their beauty. . . . Your heart will be with your treasure. . . . You will have no time to devote to the study of the Scriptures and to earnest prayer that you may escape the snares of Satan.” Review and Herald, Sept 1, 1910

Key #3: Implant Right Thoughts

“The elements of evil cannot be exterminated except by the introduction of food for pure, solid thought.” Review and Herald, Nov 9, 1886

Why Devotional Time In Morning Is So Important...

“During the waking hours the mind will be constantly employed. If it dwells upon unimportant matters, the intellect is dwarfed and weakened. There may be some spasmodic flashes of thought; but the mind is not disciplined to steady, sober reflection. There are themes that demand serious consideration. . . . By dwelling upon these themes of eternal interest, the mind is strengthened and the character developed.” Review and Herald, June 10, 1884

Scripture Memory

“The mind must be restrained and not allowed to wander. It should be trained to dwell upon the Scriptures and upon noble, elevating themes. Portions of Scripture, even whole chapters, may be committed to memory, to be repeated when Satan comes in with his temptations. . . . When Satan would lead the mind to dwell upon earthly and sensual things, he is most effectually resisted with, ‘It is written.’” Review and Herald, Apr 8, 1884

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